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WAR FOOD ADMINISTRATION  
Office of Distribution

511-513 U. S. Court House  
Phone 2-1365

Fort Worth 2, Texas  
October 5, 1944

Sept 4  
WARTIME FOOD BULLETIN

Apples, those that keep the Doctor away, are plentiful on the local wholesale fruit and vegetable market this week, and the price is very reasonable, Most of the fancy boxed apples are from Washington, with a few from Virginia. Then there are plenty that arrived by truck, in bulk, from New Mexico, Colorado, and Missouri. Many of these are very good quality, and all are good buys.

Each week lately we have mentioned onions because of the plentiful supplies on the market and the low price at which they are selling, also because at the shipping point where they were grown, and in the markets the storage space for them is mostly filled, and we do not want any of our precious food to go to waste in these war times. You can help by storing a few away in a cool, well-ventilated place for your own use later this Fall.

Peaches, plums, prunes and bartlett pears are still with us in light supply, but mostly in a ripe condition, as it is near the end of their season, however they offer some good bargains if they can be used immediately.

A number of homegrown items are back with us now, and there will be more of them as time goes on. Mustard, collards and turnip greens, also bunched turnips and beets are plentiful at reduced prices. There are also good supplies of white and yellow squash. Then we have eggplant, okra green onions and blackeye peas.

Cabbage and cauliflower are plentiful and are especially good bargains now. There are two types of cabbage on the market now, the usual domestic round type and the Danish type which is more elongated. But as far as the taste goes, there is little choice between them. The Danish is a late type good for storage and from which most of the sauerkraut is made.

The best buys this week are apples, snap beans, cabbage, cauliflower, onions peppers, peaches, prunes, squash and sweet potatoes.

Furnished by, Charles D. Sherman, Federal Food Reporter.



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WAR FOOD ADMINISTRATION  
Office of Distribution

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Fort Worth 2, Texas  
October 12, 1944

WARTIME FOOD BULLETIN

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The first of the new crop Grapefruit, from Texas, was on the wholesale fruit and vegetable market this week. Soon the supplies will be plentiful, we are told. This fruit, starting in just as the weather begins to turn cold, certainly comes at the right time of year as people often take colds at this time, and grapefruit juice is one of the best preventatives.

California Tokay and Red Malaga grapes were a little more plentiful this week, but we are going to have to pay more for them as the ceiling has been lifted on them at the shipping point.

Potatoes are in good supply here, and are slightly lower than they have been; with some of them selling below the ceilings permitted. There are supplies from a number of states, but our main varieties are Russets from Idaho, and Red McClures from Colorado - both are all purpose potatoes.

Tomatoes have been plentiful for some time, and continue to sell very well even with the slightly cooler weather. The prices stay moderately high, but as they are such a good source of all the vitamins, they are among the very best buys. The quality ranges all the way from small very ripe ones to large fancy ones put up in cellophane wrapped cartons.

Sweet potatoes are an especially good buy now. The price is quite low and the quality is excellent. Some of them are grown locally, but many of them come from the Sweet Potato Section in East Texas. There are also a few yams from New Mexico, which are very nice.

Homegrown mustard, turnip greens, and green onions were slightly lower priced this week with increased supplies.

Other best buys this week are apples, cabbage, carrots, onions, squash and beets.

Furnished by, Charles D. Sherman, Federal Food Reporter.

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Fort Worth 2, Texas  
October 19, 1944

WARTIME FOOD BULLETIN

Supplies of Texas grapefruit are plentiful on the market this week. Most of them were straight Marsh Seedless, but there were a few Foster Pink and Ruby Reds. The quality is good for this time of year. Oranges were here from the Valley too, most of them were Hamlin Seedless, but there were some large Navels also which were very nice and juicy and sold out quickly. This is earlier than usual for such large Navels.

Our first Cranberries of the season are on the market now. Supplies arrived from both Massachusetts and Wisconsin this week. The quality is very fine. Because of the lighter crop this year and the increased supplies going to our armed forces, to go with their turkey and dressing, the supply for civilian consumption will be less than usual this year.

Apples continue to be one of the best buys in fruits. There are good supplies of bulk apples mostly from New Mexico, and these are lower in price than the ones packed in boxes and baskets. These bulk apples will not be available but a short time longer.

Plentiful supplies of onions, potatoes, tomatoes, and sweet potatoes keep those commodities in the lower price bracket.

Supplies of cauliflower and snap beans have been fairly light the past week, but they should increase again soon.

Supplies of brussel sprouts and broccoli from California are expected by this weekend.

Best buys for this week are apples, cabbage, onions, peppers, potatoes, sweet potatoes and tomatoes.

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Fort Worth 2, Texas  
October 26, 1944

WARTIME FOOD BULLETIN

Apples are plentiful on the wholesale market and in the stores these days, and they should continue to be so all winter, as the crop in the Northwest this year was large. The supply of truck loads of fair to good quality apples in bulk continue to arrive from New Mexico. These are moderately priced and are especially good for cooking. The fancy boxed apples are better for eating fresh or in salads.

Heavy supplies of lettuce this week reduced the price of that commodity well below the ceiling. It has been selling at ceiling prices for a considerable time now, but increased plantings and new sections coming into production assure us of adequate supplies, and for a time at least slightly lower prices.

Increased supplies of cauliflower, broccoli, and table grapes were a welcome sight on the market this week. There was also a carload of mixed melons, in which there were Honey Dews, Casabas, and Santa Clause melons.

The period during which onions were designated as a Victory Food Selection has passed, but there is still the continued need that they be used freely to prevent many of them from going to waste. They are very cheap and the quality was never better.

Another vegetable that is nearly in the class with onions is sweet potatoes. The production this year is well above the average and their frequent use is recommended. The locally grown supplies were slightly lower in price this week.

There were also abundant supplies of tomatoes, potatoes, and grapefruit on the market, and good supplies of twenty-five or thirty other commodities. So one can see that there is an abundant supply of nearly all fruits and vegetables. In fact, the production of all this has been remarkable.

The best buys for the week are apples, cabbage, cauliflower, grapefruit, onions, potatoes, squash, sweet potatoes, tomatoes, turnips, and turnip greens.

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